

# The Senior LIFE Health Plan. Opt in at any time.



Unlike the big insurance companies, Senior LIFE provides members with a single point of contact to ensure a seamless coordination of care. It's never too late to make the switch to Senior LIFE, the alternative to Managed Care Organizations. Check the chart below. You'll see that Senior LIFE provides care that's off of the charts.

## LONG-TERM SERVICES HEALTH PLAN COMPARISON:

Services	Co-pays for Community HealthChoices services:			
	Senior LIFE: <i>Alternative option to CHC for adults 55 or older</i>	AmeriHealth Caritas	PA Health & Wellness	UPMC Community HealthChoices
Ambulance (per trip)	\$0	\$0	\$0	\$0
Dental care	\$0	\$0	\$0	\$0
Inpatient hospital	—	—	—	—
• Per day	\$0	\$3	\$0	\$3
• Max with limits	\$0	\$21	\$0	\$21
Medical centers	—	—	—	—
• Ambulatory surgical center	\$0	\$3	\$0	\$3
• Federally Qualified Health Center	\$0	\$0	\$0	\$0
• Independent med-surg center	\$0	\$3	\$0	\$2
• Short procedure center	\$0	\$3	\$0	\$3
• LIFE Center	\$0	N/A	N/A	N/A
Medical equipment	—	—	—	—
• Purchase	\$0	Sliding Scale	\$0	\$0
• Rental	\$0	\$0	\$0	\$0
Medical visit	—	—	—	—
• Certified nurse practitioner	\$0	\$0	\$0	\$0
• Chiropractor	\$0	\$1	\$0	\$2
• Doctor	\$0	\$0	\$0	\$0
• Optometrist	\$0	\$0	\$0	\$0
• Podiatrist	\$0	\$1	\$0	\$2
Outpatient hospital	—	—	—	—
• Outpatient surgical (per visit)	\$0	\$3	\$0	\$3
• Non-surgical or diagnostic (per visit)	\$0	\$0	\$0	\$2
Prescriptions	—	—	—	—
• Generic	\$0	\$1	\$0	\$1
• Brand name	\$0	\$3	\$3	\$3
X-rays (per service)	\$0	\$1	\$0	\$1

### All LIFE members have access to all Medicare and Medicaid services under one network which may include:

- Assistive technology and home adaptations
- Behavioral therapy
- Certified registered nurse practitioner services
- Chiropractic services
- Clinic services
- Cognitive rehabilitation therapy
- Counseling
- Crisis services
- Eyeglass frames and lenses
- Dental care services
- Durable medical equipment
- Emergency room and ambulatory services
- Federally qualified health center services and rural health clinic services
- Financial management assistance
- Home delivered meals
- Home health
- Home health aide and nursing
- Hospice services
- Inpatient hospital services
- Laboratory services
- Medical Assistance renewal services
- Medical supplies
- Medical and Recreational Day Center
- Medication therapy management
- Mental health services
- MRIs and CTs
- Non-emergency transportation to and from covered services
- Non-medical transportation
- Nursing facility services
- Nutritional counseling and supplements
- Optometrist services
- Outpatient hospital services
- Personal assistance services
- Personal emergency response system (PERS)
- Pest control
- Podiatry
- Prescription drugs
- Primary care practitioner (PCP) and physician services
- Prosthetics and orthotics
- Physical, occupational, speech, and language therapies
- Quitting smoking or tobacco use
- Renal dialysis services
- Residential and structured day habilitation
- Respite care
- Seamless coordination of all Medicare and Medicaid benefits
- Specialized medical equipment and supplies
- TeleCare (doctor by video)
- X-rays

All services with the exception of emergency care are provided and/or coordinated by Senior LIFE. Participants are responsible for the cost of any services used from outside the network. Senior LIFE is a voluntary program. Participants may disenroll at any time.

*Additional Benefits*

	<b>Senior LIFE:</b> <i>Alternative option to CHC for adults 55 or older</i>	AmeriHealth Caritas	PA Health & Wellness	UPMC Community HealthChoices
<b>Adult dental</b>				
• <b>100% coverage (no co-pays or deductibles)</b>	✓			
• No extra services			✓	
• Oral hygiene kit		✓		
• \$500 yearly allowance				✓
<b>Adult vision</b>				
• <b>100% coverage (no co-pays or deductibles)</b>	✓			
• No extra services		✓	✓	
• \$100 yearly allowance for glasses/contacts				✓
• One fitting every 12 months				✓
<b>Wellness programs</b>				
• <b>Home provider visits, lab draws and testing for qualified participants</b>	✓	✓		
• Video visits with care manager		✓		
• <b>In-person visits with care manager</b>	✓			
• Box fan for qualified participants		✓		
• Health and wellness gift cards		✓		
• Gift cards for participating farmers market			✓	
• <b>Post-acute: 14 days of home delivered meals</b>	As Needed		✓	
• <b>Past-acute: 14 days of respite care</b>	As Needed		✓	
• <b>Caregiver access and supports</b>	✓		✓	
• Health library			✓	
• <b>Free health coaching services</b>	✓			✓
• Free 24/7 video meetings with UPMC providers				✓
• <b>Free in-person meetings with LIFE providers</b>				✓
• Online program to ease stress				✓
• <b>In-person availability to ease stress</b>	✓			
<b>Other benefits</b>				
• <b>Medical and Recreational Day Center in the community</b>	✓			
• <b>All Medicare-covered services with no co-pays or deductibles</b>	✓			
• <b>In-home supports and services to avoid nursing home stay</b>	✓	✓		
• Welcome Home Benefit helps qualified participants move from nursing facility to home (up to \$6,000 rental assistance)		✓		
• <b>Caregiver programs offer education, respite services and supports</b>	✓	✓		
• CentAccount Healthy Rewards card for purchase of health related items			✓	
• Non-medical transportation services			✓	
• 90-day prescription refills			✓	
• <b>28-day prescription refills delivered to your home</b>	✓			
• \$5,000 financial support to move from a nursing home to the community			✓	
• Community-based services and supports for qualified participants without LTSS				✓
• Seniorlink caregiver allowance and coaching				✓
• <b>Support during yearly MA eligibility review</b>	✓			✓
• \$6,000 yearly allowance to leave a nursing home and move back to the community				✓
• Temporary rental assistance if leaving nursing facility and on rental assistance waiting list	NOT Permitted			✓

**Senior LIFE Locations:**

**Senior LIFE Altoona**

1311 Twelfth Ave., Altoona, PA 16601  
814-943-2273

**Senior LIFE Ebensburg**

429 Manor Dr. Ste.10, Ebensburg, PA 15931  
814-472-6060

**Senior LIFE Greene**

100 Evergreene Dr., Waynesburg, PA 15370  
724-852-2273

**Senior LIFE Greensburg**

123 Triangle Dr., Greensburg, PA 15601  
724-838-8300

**Senior LIFE Indiana**

1220 Wayne Ave., Indiana, PA 15701  
724-464-2273

**Senior LIFE Johnstown**

401 Broad St., Johnstown, PA 15906  
814-535-6000

**Senior LIFE Uniontown**

89 W. Fayette St., Uniontown, PA 15401  
724-434-5433

**Senior LIFE Washington**

2114 N. Franklin Dr., Washington, PA 15301  
724-222-5433

**For more information about the Senior LIFE Program, call 1-877-998-5433 (TTY:711) or visit SeniorLIFEPA.com**



**Home Today. Home for LIFE.**